



HOMEMADE ANIMAL CRACKERS

April 18

National Animal Crackers Day

INGREDIENTS

- ½ Cup Rolled Oats
- ¾ Cup All-Purpose Flour (enriched or whole grain-rich)
- 1/4 Teaspoon Salt

- 1/4 Teaspoon Baking Soda
- 1/4 Cup Butter
- 2 Teaspoons Honey
- 1/4 Cup Buttermilk

DIRECTIONS

- 1. Preheat oven to 400°.
- 2. In a food processor, add rolled oats and grind until a fine consistency.
- 3. In a medium mixing bowl, add processed rolled oats, flour, salt, and baking soda. Stir to mix well
- 4. Using a pastry blender, cut in butter, until the lumps are pea sized.
- 5. Add honey and buttermilk, and stir until well blended and a stiff dough forms.
- 6. Lightly flour a flat surface and turn out dough
- 7. Using a rolling pin, roll out dough to 1/8 inch thick.
- 8. Using mini animal shaped cookie cutters, cut out cookies
- 9. Place the cut out cookies on a cookie sheet approx 1 inch apart.
- 10. In preheated oven, bake 5–7 minutes or until the edges are browned lightly.
- 11. Using a spatula, transfer the cookies to a cooling rack.
- 12. Store in an airtight container.

MEAL PATTERN CONTRIBUTION

MEAL TYPE

YIELD

Grain

Snack

24 Animal Crackers

PORTION SIZES

Toddler	Preschool	School Age	Adult
4 Animal Crackers	4 Animal Crackers	8 Animal Crackers	8 Animal Crackers