

# MEATBALL SANDWICH



March 9

National Meatball Day

## **INGREDIENTS**

- 8 Hoagie Rolls, enriched or whole grain rich, at least 2 oz each
- 4 Tablespoon Butter (melted)
- ½ Teaspoon Garlic Powder

- 1¼ Ounce Equivalent of meatballs, with a CN label, product formulation statement or try our Easy Homemade Meatballs
- 4 Cups Canned Spaghetti Sauce, Meatless
- 16 Ounces Sliced Cheese

#### **DIRECTIONS**

- 1. Preheat oven to broil or 400°.
- 2. Prepare frozen meatballs according to package or make homemade meatballs.
- 3. Place cooked meatballs in a large saucepan with sauce. Heat on low.
- 4. Stir together melted butter and garlic powder. Spread the butter on the inside of hoagie rolls. Place the rolls in a casserole dish and put in the oven for 1-2 minutes.
- 5. Place sauced meatballs in the toasted rolls, 4 meatballs per sandwich.
- 6. Top each sandwich with 2 ounces cheese. Put the casserole dish back in the oven and broil until cheese melts, about 2-3 minutes.

## MEAL PATTERN CONTRIBUTION

**MEAL TYPE** 

**YIELD** 

Meat/Meat Alternate

-\o-Lunch/Supper

8 Sandwiches

**Grain** 

# **PORTION SIZES**

| Toddler    | Preschool  | School Age | Adult      |
|------------|------------|------------|------------|
| ½ Sandwich | ½ Sandwich | 1 Sandwich | 1 Sandwich |