



CHEESE STUFFED APRICOTS

January 9

National Apricot Day



INGREDIENTS

- 45 Medium Dried Apricot Halves* (5 servings)
- 2½ Ounces Swiss Cheese

DIRECTIONS

1. Cut each apricot in half.
2. Cut cheese into small cubes.
3. Stuff the cheese into the halved apricots.
4. Arrange on a plate and enjoy.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Fruit

MEAL TYPE

-  Snack

YIELD

10 Stuffed Apricots

PORTION SIZES

Toddler	Preschool	School Age	Adult
5 Stuffed Apricots	5 Stuffed Apricots	7 Stuffed Apricots	7 Stuffed Apricots

*Reminder that whole dried fruit and whole dried fruit pieces credit at twice the volume served.