## DECEMBER 2024 Breakfast Menus

| SUNDAY | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY |
|--------|---|---|--|--|--|----------|
| 1      | WGR Pancakes<br>Blackberries<br>Milk                  | WGR Grape Nuts Cereal<br>Apple Slices<br>Milk                               | WGR Cheesy Grits<br>Grapes<br>Milk                     | WGR Oatmeal<br>Banana<br>Milk  | Zucchini Bread<br>Honeydew Melon<br>Milk       | 7        |
| 8      | Scrambled Eggs<br>Pears<br>WGR Flour Tortilla<br>Milk | WGR French<br>Toast Sticks<br>Fruit Cocktail<br>Milk                        | WGR Bagel<br>Sausage Patty<br>Mandarin Oranges<br>Milk | MGR Avocado Toast<br>Milk  | WGR Frosted<br>Mini Wheats<br>Apricots<br>Milk | 14       |
| 15     | WGR Life Cereal<br>Mango<br>Milk                      | National Maple Syrup Day  Maple Bacon Sweet Potato Hash* Sausage Links Milk | WGR Honey Kix<br>Cherries<br>Milk                      | National Oatmeal 19  Strawberry Coconut Oatmeal Muffins* Banana Milk | WGR Cheerios<br>Tropical Fruit<br>Milk         | 21       |
| 22     | WGR Waffles<br>Clementines<br>Milk                    | Banana Bread<br>Mixed Berries<br>Milk                                       | Corn Flakes<br>Banana<br>Milk                          | Cheese Omelet<br>Pears<br>Milk                                       | WGR Pancakes<br>Cantaloupe<br>Milk             | 28       |
| 29     | WGR English Muffin with Jelly Applesauce Milk         | WGR Toast<br>Turkey Sausage<br>Hashbrowns<br>Milk                           |  |  |  |          |

**Notes:** 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. \*Find CACFP-creditable recipe on myfoodprogram.com.

