

CINNAMON YOGURT BREAD

November 17

National Homemade Bread Day

INGREDIENTS

- 1¹/₂ Cups Enriched All-Purpose Flour
- 2 Teaspoons Ground Cinnamon
- 1⁄2 Teaspoon Baking Soda
- 1/2 Teaspoon Baking Powder
- 1/2 Teaspoon Salt

- ³⁄₄ Cup Granulated Sugar
- 1 Egg
- ¹/₃ Cup Oil
- 1 Cup Vanilla Greek Yogurt
- 1 Teaspoon Vanilla Extract

DIRECTIONS

- 1. Preheat oven to 325° . Butter a loaf pan (5 x 9 inches). Set aside.
- 2. In a medium size bowl, mix together flour, ground cinnamon, baking soda, baking powder, and salt. Mix until all combined and set aside.
- 3. In a large bowl, combine sugar, egg and oil. Using an electric hand mixer, mix until combined.
- 4. Add in the Greek yogurt and the vanilla extract. Mix until incorporated.
- 5. Add the dry ingredients (approximately 1/2) to the egg mixture. Mix until all combined
- 6. Add the remaining flour mixture and mix until all ingredients are all incorporated. Don't overmix.
- 7. Pour the mixture into the prepared pan.
- 8. Bake in the preheated oven for 40 to 45 minutes or until the edges are nice and golden and a toothpick comes out clean when inserted in the middle.
- 9. Cut into 10 even slices.

MEAL PATTERN CONTRIBUTIONMEAL TYPEYIELD✔ Grain-실- Breakfast10 Slices

PORTION SIZES

Toddler	Preschool	School Age	Adult
1/2 Slice	½ Slice	1 Slice	2 Slices

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