



# CASHEW YOGURT FRUIT DIP

November 23

National Cashew Day

## INGREDIENTS

- ½ Cup Cashew Butter
- 1 Cup Greek Yogurt (within CACFP sugar limits)
- 1 Tablespoon Honey

## DIRECTIONS

1. Add all ingredients to a bowl and whisk to combine until smooth

## MEAL PATTERN CONTRIBUTION

 Meat/Meat Alternate

## MEAL TYPE

 Snack

## YIELD

1½ Cups

## PORTION SIZES

Toddler	Preschool	School Age	Adult
⅛ Cup	⅛ Cup	¼ Cup	¼ Cup