



# ROTISSERIE CHICKEN SHAWARMA WRAP

October 15

National Shawarma Day

## **INGREDIENTS**

- 1 Pound Shredded Chicken Meat (from a rotisserie chicken)
- 1/2 Teaspoon Pepper
- ½ Teaspoon Coriander
- ½ Teaspoon Cumin

- ¼ Teaspoon Cinnamon
- 1/4 Teaspoon Tumeric
- 8 Cups Shredded Lettuce
- 8 Large Flour Tortillas (enriched or whole grain, at least 1 ounce each)

# **DIRECTIONS**

- 1. Prepare the spice mix by combining all the spices in a small bowl.
- 2. Spray a 12-inch skillet with cooking spray and add the chicken and spice mix.
- 3. Place 2 ounces of chicken and 1 cup of lettuce on each tortilla and wrap.

# MEAL PATTERN CONTRIBUTION

**MEAL TYPE** 

**YIELD** 



-\o-Lunch/Supper

8 Wraps

## **PORTION SIZES**

**Grain** 

Toddler	Preschool	School Age	Adult
½ Wrap	³¼ Wrap	1 Wrap	2 Wraps