

OCTOBER 2024 *Snack Menus*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Soft Pretzel String Cheese	2 WGR Wheat Thins Milk	3 Cottage Cheese Peaches	4 WGR Snack Mix Banana	5
6	7 WGR Goldfish Crackers 100% Apple Juice	8 Rice Cakes Sunflower Butter	9 Snap Peas Cheese Cubes	10 Yogurt Raspberries	11 Animal Crackers 100% Grape Juice	12
National Yorkshire Pudding Day 13	14 Easy Yorkshire Pudding* Milk 	15 WGR Triscuits Carrot Sticks	16 Edamamae HM Hummus	17 WGR Goldfish Grahams Blueberries	18 WGR Banana Bread Milk	19
20	21 Ritz Crackers Bell Pepper Sticks	22 National Nut Day Ranch Roasted Nuts* 100% Apple Juice 	23 Blueberry Muffin Cherries	24 Oyster Crackers Craisins	25 Pretzels Necatrines	26
National Breadstick Day 27	28 Cheesy Zucchini Breadsticks* Milk 	29 Raisins Celery Sunflower Butter	30 WGR Popcorn Applesauce	31 Cheez-It Crackers Grapes		

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich.

This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.