

OCTOBER 2024 *Breakfast Menus*

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 WGR Granola Yogurt Strawberries Milk	2 WGR Kix Tropical Fruit Milk	3 WGR Waffles Pears Milk	4 WGR English Muffins Mandarin Oranges Milk	5
6	7 Cheesy Grits Banana Milk	8 Rice Krispies Nectarines Milk	9 WGR Bagel Hummus Milk	10 WGR Banana Bread Honeydew Melon Milk	11 National Sausage Pizza Day Sausage & Egg Breakfast Pizza* Cantaloupe Milk 	12
13	14 Turkey Sausage Croissant Sliced Oranges Milk	15 WGR Pancakes Mango Milk	16 World Food Day Breakfast Black Beans with Eggs* Hashbrowns Milk 	17 WGR Vanilla Chex Plums Milk	18 WGR Biscuits & Gravy Mixed Berries Milk	19
20 National Chicken & Waffles Day	21 Chicken and Waffle Casserole* Blackberries Milk 	22 WGR Cheerios Raspberries Milk	23 WGR Avocado Toast Milk	24 WGR French Toast Sticks Applesauce Milk	25 Pumpkin Baked Oatmeal* Grapes Milk 	26 National Pumpkin Day
27	28 Crescent Rolls Papaya Milk	29 National Oatmeal Day Banana Oatmeal Muffins* Kiwi Milk 	30 WGR Flour Tortilla Eggs Pineapple Milk	31 WGR Wheaties Watermelon Milk		

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich.

This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.