SEPTEMBER 2024 Lunch/Supper Menus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	Deli Turkey Sandwich (CN) Zucchini Fries Watermelon WGR Bread Milk	Chicken Tenders (CN) Mashed Potatoes Mango WGR Roll Milk	National Spice Blend & Macadamia Nut Day 4 Slow Cooker 5 Spice Chicken* Banana Collard Greens WGR Roll, Milk	National Cheese Pizza Day 5 Pizza Quesadilla* Carrots Cantaloupe Milk	Mac & Cheese Mixed Vegetables Plums WGR Pasta Milk	7
8	Ground Turkey Tacos Corn Peaches WGR Flour Tortilla Milk	WGR Pesto Pasta Grilled Chicken Cherry Tomatoes Strawberries Milk	Fish Sticks (CN) Carrots French Fries WGR Roll Milk	Beef Stir Fry Bell Peppers Tangerines WGR Brown Rice Milk	Tuna Salad Sandwich Green Beans Raspberries WGR Bread Milk	14
National Cheese Toast & Linguine Day 15	Parmesan Garlic Linguine Pasta* Chicken Patty (CN) Apple Slices Garden Salad Milk	Sloppy Joe Potato Wedges Garden Salad WGR Bun Milk	National Cheeseburger Day 18 Easy Cheeseburger Skillet* Mixed Vegetables Nectarines Milk	National Pepperoni Pizza & String Cheese Day 19 Pizza Pull Apart Bread* Cucumber Slices Corn Milk	Hot Dog Tater Tots Broccoli WGR Bun Milk	21
22	National Great American Pot Pie Day Chicken Pot Pie Soup* Sliced Oranges WGR Biscuit Milk	24 Turkey Ham Sandwich WGR Bread Dragon Fruit Spinach Salad Milk	25 Chicken Quesadilla Peas & Carrots Fruit Cocktail WGR Flour Tortilla Milk	National Dumpling & Pancake Day 26 Bean Soup with Dumplings* Mangoes Green Beans Milk	Grilled Cheese Sandwich Tomato Soup Pears, WGR Bread Milk	28
29	Bean and Cheese Burritos Corn, Nectarines WGR Flour Tortillas Milk					

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.

