



CHEESEBURGER CUPS

February 13

National Cheddar Day



INGREDIENTS

- 16 Ounces Ground Beef (80/20 or leaner)
- 1/2 Cup Ketchup
- 2 Tablespoons Brown Sugar
- 1 Tablespoon Mustard
- 1 1/2 Teaspoons Worcestershire Sauce
- 12 Ounces Refrigerated Biscuits (enriched or WGR)
- 8 Ounces Shredded Cheddar Cheese

DIRECTIONS

1. In a large skillet, cook beef over medium heat until no longer pink, breaking it into crumbles; drain.
2. Stir in the ketchup, brown sugar, mustard and Worcestershire sauce.
3. Remove from the heat; set aside.
4. Press each biscuit onto the bottom and up the sides of a greased muffin cup.
5. Spoon beef mixture into cups; top with cheese.
6. Bake at 400 degrees for 14-16 minutes or until cups are golden brown.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Grain

MEAL TYPE

-  Lunch/Supper

YIELD

12 Cheeseburger Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
1 Cheeseburger Cup	1 Cheeseburger Cup	2 Cheeseburger Cups	2 Cheeseburger Cups