

HAM MACARONI SALAD

July 7

National Macaroni Day



INGREDIENTS

- 2½ Cups Cooked Macaroni (enriched or whole grain-rich)
- ½ Pound Diced Ham (mild cured, fully cooked, chilled or frozen, with natural juices)
- ½ Cup Shredded Cheddar Cheese
- 1 Cup Cooked Peas
- ½ Cup Vegetable Oil
- ⅓ Cup Vinegar
- 1 Tablespoon Italian Seasoning
- 1 Tablespoon Lemon Juice
- 1 Tablespoon Mustard

DIRECTIONS

1. In a large bowl, combine macaroni, ham, cheese and peas.
2. In a separate, small bowl, whisk together oil, vinegar, Italian seasoning, lemon juice and mustard.
3. Pour dressing over pasta mix and toss to combine.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Grain

MEAL TYPE

-  Lunch/Supper

YIELD

10 Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
⅔ Cup	1 Cup	1⅓ Cups	2⅔ Cups