



CHICKEN CAESAR PASTA SALAD

July 4

National Caesar Salad Day



INGREDIENTS

- 6 Ounces Farfalle (Bowtie) Pasta (enriched or whole grain-rich)
- 3 Cups Chopped Romaine Lettuce
- ½ Cup Caesar Salad Dressing
- ½ Cup Shaved Parmesan Cheese
- 6 Ounces Canned Chunk Chicken
- 1 Cup Croutons
- Salt and Pepper (to taste)

DIRECTIONS

1. Cook the pasta to al dente in salted water according to the package instructions. Drain and rinse in cool water until pasta is cool. Drain well. Set aside.
2. In a large bowl, toss the hearts of romaine with the pasta, dressing, parmesan cheese, chicken and croutons.
3. Add salt and pepper to taste, toss again and serve immediately.

MEAL PATTERN CONTRIBUTION

-  Meat/Meat Alternate
-  Grain

MEAL TYPE

-  Snack

YIELD

9 Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Cup	½ Cup	¾ Cup	¾ Cup