



BAGEL FRUIT PIZZA

July 26

National Bagelfest Day



INGREDIENTS

- 3 Bagels (enriched or whole grain-rich, at least 1 ounce each)
- 8 Ounce Package Cream Cheese (softened)
- 2 Tablespoons Ricotta Cheese
- 3 Tablespoons Sugar
- 1 Teaspoon Vanilla
- 3 Cups Assorted Fresh Fruit (such as strawberries, mandarin oranges, pineapple, blueberries, etc.)

DIRECTIONS

1. In a medium bowl, beat together cream cheese, ricotta cheese, sugar, and vanilla using a mixer or wooden spoon.
2. Slice bagels in half and spread mixture evenly on top.
3. Arrange ½ cup of fruit on top of each bagel.

MEAL PATTERN CONTRIBUTION

-  Grain
-  Fruit

MEAL TYPE

 Breakfast

YIELD

6 Bagel Pizzas

PORTION SIZES

Toddler	Preschool	School Age	Adult
½ Bagel Pizza	1 Bagel Pizza	1 Bagel Pizza	2 Bagel Pizzas