

# JULY 2024 Lunch/Supper Menus

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Beef Tacos WGR Flour Tortilla Garden Salad Tomatoes Milk	2 Tuna Salad Sandwich WGR Bread Cucumber Cherries Milk	3 Sloppy Joes WGR Bun Baked French Fries Nectarines Milk	4 Cheese Pizza Coleslaw Pineapple Milk	5 Chicken Nuggets (CN) WGR Brown Rice Broccoli Plums Milk	6
National Macaroni Day 7 	8 <b>Ham Macaroni Salad*</b> Sliced Bell Peppers Strawberries Milk	9 Bean & Cheese Burrito WGR Flour Tortilla Squash Mixed Berries Milk	10 Soy Nut Butter and Jelly Sandwich WGR Bread Peas & Carrots Apple Slices Milk	11 Cheeseburger WGR Bun Scalloped Potatoes Clementines Milk	12 <b>Slow Cooker Beans and Frank Soup*</b> Carrots Cucumbers WGR Roll Milk 	National Beans & Franks Day 13
National French Fry & Mac & Cheese & World Kebab Day 14 	15 <b>Mac &amp; Cheese Stuffed Meatballs*</b> Asparagus Fruit Cocktail WGR Roll Milk	16 Beef Nachos WGR Tortilla Chips Lettuce, Tomato Grapes Milk	17 WGR Spaghetti with Meat Sauce Mushrooms Mandarin Oranges Milk	18 National Tropical Fruit Day <b>Teriyaki Pineapple Drumsticks*</b> Peas, Pineapple  WGR Brown Rice Milk	19 WGR Bread Deli Turkey (CN) Cheese Cauliflower, Papaya Milk	20
21	22 Cheese Quesadilla WGR Flour Tortilla Carrots Honeydew Melon Milk	23 Salisbury Steak (CN) Tater Tots Broccoli WGR Roll Milk	24 Corn Dog (CN) Green Beans Mixed Fruit WGR Roll Milk	25 Fish Fillet Mashed Potatoes Pears WGR Roll Milk	26 Meatball Sub (CN) WGR Hoagie Roll Corn Tangerines Milk	27
28	29 National Lasagna Day <b>Pizza Lasagna*</b> Mandarin Oranges Corn Milk 	30 Hot Dog WGR Bun Baked Beans Watermelon Milk	31 Ground Chicken Lettuce Wraps Snap Peas Fruit Cocktail Cornbread Milk			

**Notes:** 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich.

This institution is an equal opportunity provider. \*Find CACFP-creditable recipe on myfoodprogram.com.