JULY 2024 Breakfast Menus

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|--|----------|
| | Banana Bread Grapes Milk | WGR Cheerios Raspberries Milk | WGR Waffles Blackberries Milk | WGR Bagel and Cream Cheese or Jelly Honeydew Melon Milk | National Graham Cracker Day 5 Strawberry Yogurt Parfait with Graham Cracker Crumble* Milk | 6 |
| 7 | WGR Granola Yogurt Kiwi Milk | WGR Pancakes Peaches Milk | Corn Flakes Tangerines Milk | National Blueberry Muffin 11 & Rainier Cherry Day Blueberry Spinach Muffins* Applesauce Milk | MGR Avocado Toast Milk | 13 |
| National French Fry & Mac & Cheese & World Kebab Day | Strawberry and Waffle Kebabs with Maple-Yogurt Dip* Milk | Cheesy Grits Banana Milk | WGR English Muffins Turkey Sausage Watermelon Milk | WGR Wheaties Raisins Milk | Cheese Omelet Pears Milk | 20 |
| 21 | Rice Krispies Apricots Milk | WGR Flour Tortilla Eggs Hashbrowns Milk | WGR Oatmeal Apples Milk | WGR French Toast Sticks Blueberries Milk | National Bagelfest Day 26 | 27 |
| 28 | 29 WGR Biscuits & Gravy Cantaloupe Milk | WGR Vanilla Chex Banana Milk | National Avocado Day 31 Mango and Avocado Fruit Salad* WGR Toast Milk | | | |

Notes: 1 year olds receive unflavored whole milk; 2-5 year olds receive unflavored skim or 1% milk; 6 years and older receive unflavored or flavored skim or 1% milk. Fluid milk substitutes may be served with appropriate documentation. Juice is 100%. WGR indicates whole grain-rich. This institution is an equal opportunity provider. *Find CACFP-creditable recipe on myfoodprogram.com.

