



PINEAPPLE COLESLAW

June 27

International Pineapple Day

INGREDIENTS

- 1/3 Cup Mayonnaise
- 3 Tablespoons Apple Cider Vinegar
- 2 Tablespoons Lemon Juice
- 1 Teaspoon Pepper
- 2 Cups Shredded Red Cabbage
- 1 Cup Julienned Carrots
- 2 Cups Broccoli Slaw Mix
- 3 Cups Finely Chopped Fresh or Canned Pineapple

DIRECTIONS

1. Whisk mayonnaise, vinegar, lemon juice and seasoned pepper in a large bowl. Add cabbage, carrots, broccoli slaw and pineapple; toss to coat. Refrigerate for at least 30 minutes (and up to 1 day) before serving.

MEAL PATTERN CONTRIBUTION

-  Vegetable
-  Fruit

MEAL TYPE

-  Snack

YIELD

8 Cups

PORTION SIZES

Toddler	Preschool	School Age	Adult
1/3 Cups	1/3 Cups	2 Cups	1/3 Cups